

CALENDAR OF EVENTS

SAT, 3/7	<i>National Lutheran Schools Week Kick Off</i> 6:00 PM Divine Service with Holy Communion (<i>gym</i>)
SUN, 3/8	<i>National Lutheran Schools Week Kick Off</i> <i>Last Day to Order Easter Lilies</i> 9:00 AM Divine Service with Holy Communion (<i>gym</i>) 10:30 AM Adult Bible Study (<i>fellowship hall</i>) 10:30 AM Sunday School (<i>gym</i>)
MON, 3/9	-----
TUE, 3/10	6:30 AM Men's <i>Lutheran Witness</i> Discussion 9:00 AM Winkel – Circuit Pastors' Meeting (<i>Bethany Lutheran</i>) 12:00 PM Church Staff Meeting (<i>library</i>) 6:00 PM School Board Meeting (<i>art room</i>)
WED, 3/11	8:30 AM School Chapel 9:30 AM Women's Bible Study 12:00 PM Lenten Worship Service, then meal 4:00 PM Middle School Youth Group 5:00 PM Lenten Dinner 6:00 PM Lenten Worship Service 6:45 PM High School Youth Group 7:00 PM Sanctuary Lighting Meeting (<i>sanctuary</i>)
THU, 3/12	9:20 AM Early Childhood Chapels 9:00 AM Dorcas Guild 2:00 PM Human Care Meeting
FRI, 3/13	-----
SAT, 3/14	6:00 PM Divine Service with Holy Communion
SUN, 3/15	9:00 AM Divine Service with Holy Communion 10:30 AM Adult Bible Study (<i>fellowship hall</i>) 10:30 AM Sunday School (<i>gym</i>)

Senior Pastor: Rev. Theodore Groth, 720-737-1283
Associate Pastor: Rev. Daryn Bahn, 319-304-0184

Church Secretary: Stacy Brusius
Business Director: Pat Powell
Asst. Business Dir: Shannon Sherman
Youth & Family Ministry: Evan Root
Bulletin Cover Art: Bill Godecke
Maintenance: Brian Wright
Forgiven Musicians: Caity Monahan, Keith & Ava Olsen, Jana Pownell, Aaron Rowland

Principal: Dr. Karen Bahn
School Secretaries: Dana Freymark & Tanya Cross
Director of Music: Dr. Susan Benya
Associate Organist: Marilyn Mark
Forgiven Director/Keyboardist: Joy Ernst

Church: 319-366-1569 | **School:** 319-362-6952 | **Emergency:** 319-350-2498
1363 1st Ave SW, Cedar Rapids, IA 52405 | trinitycr.org
Church Office Hours: Mon-Thurs, 8:00 AM – 3:00 PM & Fri, 8:00 AM – Noon

Christ Lutheran High School News

The Board of Directors took another big step forward at its monthly meeting on March 2 when it hired Erin Zellers as its part-time Development Director. Erin has twenty years of experience in print production, marketing, and design. She has a daughter who attends Trinity Lutheran School and her husband is the pastor at Zion Lutheran Church in Hiawatha.

Our Board of Directors continues to develop its principles-based governance model for CLHS. We hope to have this completed by the end of March. We are also looking for 30-35 acres of land on which to build, preferably near the Highway 100 / Highway 30 area.

We are grateful for the significant monetary donations we recently received. Since we are now recognized by the IRS as a 501(c)(3) nonprofit organization, monetary contributions to CLHS can be deducted from income tax.

Questions? Want to get involved? Contact Mark Mueller at themarkmueller56@gmail.com.



Christ Lutheran High School Board of Directors

Teacher Call Update

In February, we extended a teaching call to Caleb Egger. Unfortunately, Mr. Egger has declined our call. A copy of his letter is posted on the church office entrance bulletin board and in the E-News.

Principal's Corner

Little children, let us not love in word or talk, but in deed and in truth. 1 John 3:18

Our first-grade class led a chapel about God loving us no matter what. Out of His great love for us, we now show love to others.

March 7-13 is National Lutheran Schools' Week at Trinity. The week starts with worship services in the school gym on Saturday and Sunday. The teachers have planned the week based on the word NOISE from our theme verse of Psalm 98:4, Make a Joyful Noise to the Lord, all the earth. Monday is N day, so students and teachers will be dressing in "noisy" outfits (clothes that clash). Since we are making a joyful noise, we will also be taking a praise walk on the trail with praise music playing. Tuesday is O day, opposite day. Our clothes will be inside out and backwards. We will also take opportunities to stop and pray during the day. Wednesday is I day, so we are wearing Iowa clothing. Students will also be making cards for kits for the Free Health Clinic. Thursday is S day, so we are wearing our Sunday best and chapel families will be assembling the kits for the Free Health Clinic. Friday is E for era day. We'll wear outfits from different decades, and we'll finish the day by watching VeggieTales with our chapel families.

We are so thankful for our Lutheran school. Thank you for your continued support of the school ministry! Spring break is March 16-20. Classes resume on March 23.

In Christ, *Karen Bahn, Principal*

Trinity Lutheran Church & School

Know Christ + Grow in Christ + Make Christ Known



THIRD SUNDAY IN LENT

National Lutheran Schools Week

March 7-8, 2026

6:00 PM Saturday & 9:00 AM Sunday

WE WELCOME YOU IN THE NAME OF OUR LORD!

Did you know that heaven meets earth here at Trinity Lutheran Church? It truly does as our crucified and risen Lord Jesus Christ, the Living Word, joins us to wash us at His font, preach to us from His pulpit, and feed us at His altar. It is our prayer that you would experience with us His lavish grace as we encounter Him through His holy Word and Sacraments.

CONCERNING HOLY COMMUNION

The Lord's Supper is celebrated at this congregation in the confession and glad confidence that, as He says, our Lord gives into our mouths not only bread and wine but His very body and blood to eat and to drink for the forgiveness of sins and to strengthen our union with Him and with one another. Our Lord invites to His table those who trust His words, repent of all sin, and set aside any refusal to forgive and love as He forgives and loves us, that they may show forth His death until He comes.



Because those who eat and drink our Lord's body and blood unworthily do so to their great harm and because Holy Communion is a confession of the faith which is confessed at this altar, any who are not yet instructed, in doubt, or who hold a confession differing from that of this congregation and The Lutheran Church—Missouri Synod, and yet desire to receive the sacrament, are asked first to speak with the pastor or an elder.

For further study, see Matt. 5:23f.; 10:32f.; 18:15-35; 26:26-29; 1 Cor. 11:17-34.

DIETARY NEEDS

If you require a gluten-free Communion wafer, please hold out your hand with a closed fist rather than an open palm during the Sacrament.

Alcohol-removed wine is available during the Sacrament as well in the rose-colored cups in the center of the tray.

LARGE PRINT & HEARING DEVICES

Large print bulletins & hymnals as well as assistive hearing devices are available from the ushers.

ATTENDANCE CARDS

We ask that guests and members fill out an Attendance Card found in the pew in front of you. During the Offering, please place your completed card in the offering plate.

CHILDREN'S WORSHIP BULLETINS AND QUIET ROOMS

Two different children's bulletins are available from the ushers: one for ages 3+ and one for ages 7+. We also have two quiet rooms – one in the back of each wing of the Sanctuary.

WORSHIP SERVICE BROADCASTS

Trinity's Worship Service is aired with IMON Channel 4 at 2:00 PM on Thursdays and on Mediacom Channel 4 at 8:00 PM on Fridays. The service is also available on YouTube: youtube.com (The Trinity Lutheran Church—Cedar Rapids).

EVENTS & ANNOUNCEMENTS

National Lutheran Schools Week Kick Off | March 7 & 8

Thank you for joining us for worship in the school gym today as we kick off National Lutheran Schools Week! We extend a heartfelt welcome to our K - 3rd grade students and families. The students will be singing during our Sunday service. Please join us afterwards for coffee and treats in the school cafeteria. Bible Study and Sunday School will take place at their usual time and locations.

Daylight Saving Time Begins | Sunday, March 8

Don't forget to set your clock 🕒 ahead one hour before you go to bed on Saturday!

Easter Lilies | Order By: Sunday, March 8

Help us decorate the altar with glorious blooms for Easter! Easter lilies are \$11.00 each and may be given in memory of a loved one or to the glory of God. See ordering information on the back of the cream-colored paschal candle insert.

Sanctuary Lighting Meeting | Wed, March 11 | 7:00 PM

A meeting about the updates to the sanctuary lighting will be held in the sanctuary on March 11 after the midweek Lenten service. Any congregants interested in this information are invited to attend. Contractors Jeff Kramer and Jerry Duball will be here to answer any questions.

Midweek Lenten Services | Weds, Mar. 11- 25 | Noon & 6 PM

Our Midweek Lenten Services continue on March 11. We are using *LSB's* Service of Prayer and Preaching with Lenten sermons focusing on the Ten Commandments (6th C. this week.) Meals will be served at 12:45 PM and 5:00 PM each week. (*Exception: no meals on Mar. 18.*) On March 11, the Board of Human Care will be serving pasta from Zio Johnno's.

Fellowship Club | Friday, March 20 | 11:30 AM

Come and join the Fellowship Club for lunch at 16th Ave Grill. All are welcome. Call Karen Flint with any questions at 319-899-1421.

Holy Week & Easter Services

PALM SUNDAY: March 28 at 6:00 PM and March 29 at 9:00 AM

MAUNDY THURSDAY: April 2 at 10:00 AM & 6:00 PM

GOOD FRIDAY: April 3 at Noon (gym) & 6:00 PM (sanctuary)

HOLY SATURDAY: April 4 at 6:00 PM (Easter Vigil—paschal candle lit)

EASTER SUNDAY: April 5 at 7:00 AM & 9:00 AM

Breakfast will be served at 8:00 AM

Thrivent Choice Dollars® | Deadline: Tuesday, March 31

Thank you to all of the Thrivent members who directed their Choice Dollars® to Trinity Lutheran Church – Cedar Rapids. If you haven't done so already, please consider directing any remaining 2025 Choice Dollars® to us by March 31. Every little bit helps as we continue Christ's mission.

LWML Cedar Rapids Zone Spring Event | Sat, April 11

"Rejoice in the Lord Always" will be the theme at the LWML Cedar Rapids Zone Spring Event at Our Redeemer Lutheran Church in Iowa City. Registration will begin at 8:30 AM followed by a 9:00 AM brunch and meeting. Rev. Dr. Brent Hartwig will be the guest speaker; he will speak about LCMS mission work in Panama. The ingathering will be for the Domestic Violence Intervention Program (DVIP). RSVP on the LWML Bulletin Board by the kitchen today.

VBS

Take a Tropical Trek at VBS: June 8-11, 9:00-11:00 AM. More info soon.

Servant Recognition

Thank you to our ushers for their faithful service. We appreciate your dedication and warm greetings as we arrive for worship each week.

A Life Thought in the Church Year

March 8 – Lent 3: "The call to be disciples of Jesus who live out our faith each day and, in so doing, work to make disciples of others, has never been greater ... We need to boldly proclaim what God has done for us in Christ. Not in a spirit of superiority or power, but in a posture of love and grace."

Those serving the Lord on March 7-8

Elder:	Jon Benya
Comm. Assts:	9:00 AM – Mike Pownell, Chris Kistler, Carl Gloe
Acolytes:	6:00 PM – Wyatt Manthe 9:00 AM – Benjamin Groth
Usher Leader:	6:00 PM – Team 3: Carl Gloe 9:00 AM – Team 7: Bob Heyer
Altar Guild:	Teri Burkett and Brad Rhein
Fellowship Treats:	Last names beginning with D, E, F

Those serving the Lord on Wednesday, March 11

Elder:	6:00 PM – Jon Benya
Acolytes:	6:00 PM – Kylie Riha
Usher Leader:	6:00 PM – Team 5: Larry Acord

Those serving the Lord on March 14-15

Elder:	Steve Bruzek
Comm. Asst:	9:00 AM – Bill Godecke, Jayson Swyers, Matt Sprengeler
Acolytes:	6:00 PM – Lenora Fagenbaum 9:00 AM – Riley Rabey
Usher Leader:	6:00 PM – Team 3: Carl Gloe 9:00 AM – Team 7: Bob Heyer
Altar Guild:	Teri Burkett and Brad Rhein
Fellowship Treats:	Last names beginning with G, H, I