

# CALENDAR OF EVENTS

SAT, 1/24	6:00 PM   Divine Service with Holy Communion
SUN, 1/25	9:00 AM   Divine Service with Holy Communion 10:30 AM   Adult Bible Study ( <i>fellowship hall</i> ) 10:30 AM   Sunday School ( <i>school gym</i> )
MON, 1/26	-----
TUE, 1/27	LCMS Pastors' Day on the Hill ( <i>Des Moines, IA</i> ) 6:30 AM   Men's <i>Lutheran Witness</i> Discussion 9:00 AM   Ruth Guild
WED, 1/28	8:30 AM   School Chapel – Led by TLS 7 <sup>th</sup> Grade 9:30 AM   Women's Bible Study 12:00 PM   Church Staff Meeting 4:30 PM   Middle School Youth Group 6:00 PM   High School Youth Group
THU, 1/29	9:00 AM   Early Childhood Chapels
FRI, 1/30	-----
SAT, 1/31	6:00 PM   Divine Service with Holy Communion
SUN, 2/1	9:00 AM   Divine Service with Holy Communion 10:30 AM   Adult Bible Study ( <i>fellowship hall</i> ) 10:30 AM   Sunday School ( <i>school gym</i> )

## TRINITY LUTHERAN CHURCH & SCHOOL

**Senior Pastor:** Rev. Theodore Groth, 720-737-1283

**Associate Pastor:** Rev. Daryn Bahn, 319-304-0184

Church Secretary: Stacy Brusius                      Principal: Dr. Karen Bahn  
Business Director: Pat Powell                      School Secretaries: Dana Freymark  
Asst. Business Dir: Shannon Sherman                      & Tanya Cross  
Youth & Family Ministry: Evan Root                      Director of Music: Dr. Susan Benya  
Bulletin Cover Art: Bill Godecke                      Associate Organist: Marilyn Mark  
Maintenance: Brian Wright                      Forgiven Director/Keyboardist: Joy Ernst  
Forgiven Musicians: Caity Monahan, Keith & Ava Olsen, Jana Pownell, Aaron Rowland

**Church:** 319-366-1569 | **School:** 319-362-6952 | **Emergency:** 319-350-2498  
**1363 1<sup>st</sup> Ave SW, Cedar Rapids, IA 52405** | [trinitycr.org](http://trinitycr.org)

**Church Office Hours:** Mon-Thurs, 8:00 AM – 3:00 PM & Fri, 8:00 AM – Noon

## Youth Update

Praise God from whom all blessings flow! The youth group here at Trinity has gotten off to a good start in 2026. On Sunday, January 11, Trinity hosted our second annual Epiphany Party. This was a combined event with over 65 students in attendance from six different congregations in the area. Pastor Bahn represented Trinity well in our "Stump the Pastor" panel, where students had the chance to ask all of our area pastors random questions. We also shared fellowship with one another over dinner, a devotion, and several games in the gym. Hundreds of canned goods and other items were collected and donated to the Marion Mission and Outreach Center. I thank God for the continued growth and support of our youth ministry.

## Principal's Corner

*Arise! Shine! For your light has come!*

Thanks to all who helped during our Mid-winter Tournament and activities! We had a great time of Christian fellowship with other schools from various places and had fun watching them compete.

The classrooms are busy doing their STAR and FAST assessments for the winter session. We are so grateful that we have wonderful Christian teachers at Trinity to educate this next generation. We are honored and blessed.

Stay warm on these chilly days! Remember that Christ, the light of the world, has come to save us. Glory to God!

In Christ,  
*Karen Bahn, Principal*

# Trinity Lutheran Church & School

*Know Christ + Grow in Christ + Make Christ Known*



THIRD SUNDAY  
AFTER THE EPIPHANY  
*Sanctity of Human Life Sunday*

**January 24-25, 2026**  
**6:00 PM Saturday & 9:00 AM Sunday**

WE WELCOME YOU IN THE NAME OF OUR LORD!

Did you know that heaven meets earth here at Trinity Lutheran Church? It truly does as our crucified and risen Lord Jesus Christ, the Living Word, joins us to wash us at His font, preach to us from His pulpit, and feed us at His altar. It is our prayer that you would experience with us His lavish grace as we encounter Him through His holy Word and Sacraments.

CONCERNING HOLY COMMUNION

The Lord’s Supper is celebrated at this congregation in the confession and glad confidence that, as He says, our Lord gives into our mouths not only bread and wine but His very body and blood to eat and to drink for the forgiveness of sins and to strengthen our union with Him and with one another. Our Lord invites to His table those who trust His words, repent of all sin, and set aside any refusal to forgive and love as He forgives and loves us, that they may show forth His death until He comes.



Because those who eat and drink our Lord’s body and blood unworthily do so to their great harm and because Holy Communion is a confession of the faith which is confessed at this altar, any who are not yet instructed, in doubt, or who hold a confession differing from that of this congregation and The Lutheran Church—Missouri Synod, and yet desire to receive the sacrament, are asked first to speak with the pastor or an elder.

For further study, see Matt. 5:23f.; 10:32f.; 18:15-35; 26:26-29; 1 Cor. 11:17-34.

DIETARY NEEDS

If you require a gluten-free Communion wafer, please hold out your hand with a closed fist rather than an open palm during the Sacrament.

Alcohol-removed wine is available during the Sacrament as well in the rose-colored cups in the center of the tray.

LARGE PRINT & HEARING DEVICES

Large print bulletins & hymnals as well as assistive hearing devices are available from the ushers.

ATTENDANCE CARDS

We ask that guests and members fill out an Attendance Card found in the pew in front of you. During the Offering, please place your completed card in the offering plate.

CHILDREN’S WORSHIP BULLETINS AND QUIET ROOMS

Two different children’s bulletins are available from the ushers: one for ages 3+ and one for ages 7+. We also have two quiet rooms – one in the back of each wing of the Sanctuary.

WORSHIP SERVICE BROADCASTS

Trinity’s Worship Service is aired with IMON Channel 4 at 2:00 PM on Thursdays and on Mediacom Channel 4 at 8:00 PM on Fridays. The service is also available on YouTube: youtube.com (The Trinity Lutheran Church—Cedar Rapids).

EVENTS & ANNOUNCEMENTS

Sanctity of Human Life Sunday | January 24 & 25

Trinity is celebrating Sanctity of Human Life Sunday during our worship services on January 24 & 25. The Lutherans For Life theme this year is "Fearfully and Wonderfully Made" based on Psalm 139:13-14: “For you formed my inward parts; you knitted me together in my mother’s womb. I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well.” For more information about the importance of protecting human life, visit the Lutherans For Life website at [www.lutheransforlife.org](http://www.lutheransforlife.org).

LCMS Convention Nominations | Due: Monday, February 2

Our congregation may submit nominations for Synod leadership (President, Vice-President, and Regional Vice-President) to the 2026 LCMS Convention. Members who wish to suggest names for consideration should submit them to the church office by February 2. The congregation will vote on which nominations to submit at the February 10 voters meeting. Results will be filed with the Synod following that meeting.

Granny Basketball Jamboree | Saturday, January 31

Granny Basketball Jamboree 2026 will be held on January 31 in the Trinity Lutheran School Gym. If you are able to help us serve lunch or bake something for our Bake Sale, we certainly would appreciate it. Also, if you are able to help clean up at the end of the jamboree, please call Gerry Lenaburg, 319-396-2245.

Voters’ Meeting | Tuesday, February 10 | 6:00 PM

All Trinity members, 18+, are encouraged to join us for our next Voters’ Meeting.

LWML/Home Missionary | Thursday, February 5 | 1:00 PM

Feel free to bring a friend to our next meeting on February 5. Pastor Groth will lead us in a Bible study. We look forward to seeing you!

High School Retreat | Deposits Due: April 6

High schoolers, you’re invited to join us for this year’s High School Retreat at Walcamp in Kingston, IL from July 13-18. A deposit of \$150 is due by Monday, April 6 to hold your spot (total cost: \$400). Financial assistance is available. Email Evan Root if interested at [rootej@trinitytr.org](mailto:rootej@trinitytr.org).

Vacation Bible School (VBS) | June 8-11

Save the dates for this summer’s VBS, and join us for a Tropical Trek! We’ll learn how Jesus came to seek and save the lost (Luke 19:10) while exploring fun and exciting places, like a dormant volcano and island caves. And we’ll discover how God finds us and helps us in every challenge we face. More info coming soon.

Pure Germany 2026 | September 8-20 & November 3-17

Explore Pure Germany! Two tour options are available. Each tour includes custom-crafted experiences into Old Germany as well as many of the “typical” tourist stops. Discover the history, culture, beautiful countryside, cuisine and more of one of Europe’s most visited countries. Scan the QR code for info.



2026 Envelopes & 2025 Giving Statements

2026 offering envelopes and 2025 Giving Statements may be picked up in the west wing of the church sanctuary by the windows behind the piano. If you prefer to have your statement emailed to you, please email Shannon in the church office at [shermans@trinitycr.org](mailto:shermans@trinitycr.org). Having your statement emailed will save the church a significant amount of money in postage. All statements that aren’t emailed or picked up by January 25 will be mailed the following week.

A Life Thought in the Church Year

**January 25 – Epiphany 3:** Abortion and assisted suicide are often followed by crushing amounts of guilt and shame. While the Church rightly teaches that these are sins against God and neighbor, may we never forget that Christ has sent us to preach the Gospel, which is the power of God unto salvation (1 Corinthians 1:17-18). In Christ, “there will be no gloom for her who was in anguish,” (Isaiah 9:1), for He has come in the fulfillment of His promises, bringing the Kingdom of God near to us (Matthew 4:14-17), that all who repent and believe in Him can take shelter in the Lord (Psalm 27:5).

Those serving the Lord on January 24-25	
Elder:	Steve Bruzek
Comm. Assts:	9:00 AM – Carl Gloe, Matt Sprengeler, Jayson Swyers
Acolytes:	6:00 PM – Benjamin Groth 9:00 AM – Atley Johnson & Addison Kula
Usher Leader:	6:00 PM – Team 1: Gary Widdel 9:00 AM – Team 5: Larry Acord
Altar Guild:	Lea Hepworth & Katriel Burkett
Fellowship Treats: Last names beginning with J, K, L	

Those serving the Lord on January 31 - February 1	
Elder:	Jayson Swyers
Comm. Asst:	9:00 AM – Jon Benya, Bill Godecke, Chris Kistler
Acolytes:	6:00 PM – Amelia Horne 9:00 AM – Benjamin Groth & Riley Rabey
Usher Leader:	6:00 PM – Team 2: Kreutner/Kiracofe 9:00 AM – Team 6: Blockhus/Hegland/Schultz
Altar Guild:	Darrell & Diane Peterson and Bob & Gail Horne
Fellowship Treats: Last names beginning with M, N, O	