



Trinity Lutheran School

Salad bar items change daily.
Local farm fresh foods served daily
and homemade menus!

OCTOBER 2024 MENU

Breakfast 7:45-8:05a includes milk
Lunch 11a-1:05p includes milk AND salad bar

All Menus Subject to Change
Student Breakfast \$2.85, adults/guests \$4.00
Student Lunch \$4.25, adults/guests \$6.00
Salad bar only: staff and guests \$3.50
Chocolate or low-fat plain MILK \$.50
All menus can be modified to serve students
with special dietary needs
Salad bar included in all meals

Mon	Tue	Wed	Thu	Fri
Sept. 30 B- Muffin, Yogurt, Fruit L- Mac and Cheese Garlic Bread Peas Apple	1 TRY IT! SWITZERLAND! B- Granola Cookies and Fruit L- Chicken Cordon Bleu Ciabatta Bun Roasted Root Veggies Apples	2 B- French Toast, Sausage, Fruit L-Spaghetti W/Homemade Sauce Bread Stick Spinach Salad Oranges	3 B-Bagel/Egg and Fruit L-Fish Shapes Dinner Roll Potato Wedges Mixed Fruit	4 B- Yogurt Parfait, Tri-Tater L-All School Lunch Ham/Cheese Hoagies Peppers/Hummus Craisins Treat
7 B-Donuts, Yogurt, Fruit L-Chicken and Waffles Collard Greens Melon	8 B-Muffin, Eggs, Fruit L-Taco Bowls Beans & Cheese Lettuce, Salsa Orange	9 B-Pancake on Stick, Fruit L- Grilled Cheese Tomato Soup Celery Apples	10 B- Egg Burrito, Salsa, Fruit L-Pumpkin Pancakes/ Syrup Local Assorted Yogurts Tri-Tater Fruit Cup	11 B-Muffins, Yogurt, Fruit L-Chicken Philly Hoagie Peppers/Onions Frozen Fruit Slushie
14 B-Oatmeal, Yogurt, Berries L-Omelet Sausage Gravy/Biscuits Spinach/Carrots Berries	15 B-French Toast Sticks, Sausage, Juice L- Nachos Queso and Taco Meat Corn Salsa, Quac, Tomatoes Mixed Fruit	16 B-Apple Donuts, HB Eggs, Fruit NOON DISMISSAL NO K-8 LUNCH Early Childhood: L-Uncrustable/ Cheese Stick, Scooby Snacks, Carrots, Raisins	17 FALL BREAK NO SCHOOL	18 FALL BREAK NO SCHOOL
21 (CAFÉ LEAD STAFF GONE) B-Cinnamon Rolls, Yogurt, Fruit L-SACK LUNCH Ham/Cheese Sandwich Scooby Grahams Celery/Pepper Apple	22 (CAFÉ LEAD STAFF GONE) B-Muffin, Cheese Stick, Fruit L-Papa John's Cheese Pizza Romaine Salad Frozen Fruit Slushie	23 (CAFÉ LEAD STAFF GONE) B-Banana Bread, Yogurt, Fruit L- SACK LUNCH Soft Pretzel with Cheese Carrots/Ranch Applesauce	24 B-Cereals, Cheese Stick, Juice L-Sack Lunch Uncrustable/Cheese Stick Broccoli Chips Craisins	25 B-Assorted Baked Goods, Yogurt, Fruit L-BBQ Pork Sandwich Baked Beans Fruit Cup Apple, Snickerdoodle Cookie
28 B-Breakfast Pizza ,Juice L-Bosco Sticks Marinara, Salad Peaches	29 B-Bagel, Egg, Fruit L-Beef Chili Cinnamon Rolls Celery/Carrots Apples	30 B-Yogurt, Granola, Fruit L-Hot Dog on Bun Crinkle Fries Oranges	31 Happy Halloween B-Pumpkin Muffins, Yogurt, Fruit L-Bat-Shaped Chicken Nuggets Popcorn/Pretzels Broccoli Oranges Special Treat	