



Trinity  
Lutheran  
School  
Cedar Rapids, IA

# FEBUARY 2024 MENU

Breakfast 7:45am-8:05am Mon-Fri (cereal and milk offered daily)  
Lunch 11:00am-1:15p Mon-Fri (salad bar and milk offered daily)

**All Menus Subject to Change**  
Student Breakfast \$2.85, Adults/guests \$4.00  
Student Lunch \$3.85, Adults/guests \$5.00  
Salad bar for staff and guests \$3.00  
Chocolate or low fat plain MILK \$0.50

All menus can be modified to serve students  
with special dietary needs

Mon	Tue	Wed	Thu	Fri
<b>JAN 29</b> B-French Toast, Yogurt, Fruit L-Meatball Sub W/Marinara Broccoli Fruit Cocktail	<b>JAN 30</b> B-Biscuits and Gravy, Fruit L-Cheese Pizza Bagel Carrots/Peppers Apples	<b>JAN 31</b> B-Smoothie, Fruit, Granola L-Chicken Teriyaki Rice Peas Mandarin Oranges	<b>1</b> B-Eggs, Tots, Waffles L- Holy TLS Happy Meal Cheeseburger Fries Apple Slices	<b>2</b> B- Cinnie Roll, Juice, Yogurt L- Italian Hoagies Lemon Doodles 3 Bean Salad/Celery Craisins
<b>5</b> B- Danimals, Muffins, Fruit L- Baked Potato Buffet Cheese, Diced Ham Spring Mix Salad Pears Rice Krispy Treat	<b>6 TRY IT TUESDAY</b> B- Apple Frudel, Fruits L-Banana Splits! Yogurt Berries, Banana Granola Topping Spinach Salad	<b>7</b> B-Egg/Bagel, Fruit L-Beef Chili Cinnamon Rolls, Crackers Celery/Carrots Apples	<b>8</b> B-Pancakes, Sausage, Fruit L-Walking Tacos Meat/Cheese Lettuce, Salsa, Avocado Oranges	<b>9</b> B- B-Fast Cookie, Yogurt, Fruit L- Egg & Cheese Croissant Carrots/Sugar Snaps Applesauce Blondie Bar
<b>12</b> B- Breakfast Pizza, Juice, Fruit L- Bosco Sticks Marinara Broccoli Peaches	<b>13</b> B-Pancake on Stick, Fruit L- Soft Shell Tacos w/ Queso Jalapeno Roasted Corn Rice Oranges	<b>14</b> B- Yogurt, Granola Bar, Fruit L- Chicken Patty Bun Roasted Potatoes Pickles Pears Valentines Treat	<b>15</b> B- French Toast, Sausage, Fruit L-Chef Salad Day Romaine, Tomatoes, Cucumber Hard Boiled Eggs, Diced Turkey, Cheese Curds Lemon Doodles Apples	<b>16</b> B- Donuts, Yogurt, Fruit L- Hot Dog on Bun WG Chips Celery/Hummus Frozen Fruit Cup
<b>19</b>  <b>NO SCHOOL PRESIDENT'S DAY</b>	<b>20</b>  B- Pancake Bites L- Yogurt, Fruit BBQ Pork on Bun Baked Beans Tots Apples	<b>21</b>  B-Danimals Muffins, Fruit <b>NOON DISMISS</b> <b>NO LUNCH K-8</b> (EC Lunch: Uncrustable, Carrots, Craisins Treat)	<b>22</b>  B-Cereal Bar, HB Eggs, Fruits L-Pumpkin Pancakes Sausage Patties Spinach Salad Berries	<b>23</b>  B- Cinnie Rolls, Fruit, Juice L- Chicken, Cheese Wrap Scooby Snacks Celery, Peppers Craisins Sherbet
<b>26</b> B-Tornado Sausage Egg, Fruit L-Chicken Nuggets Mashed Potatoes, Corn Biscuits Frozen Fruit Cup	<b>27</b>  B- Oatmeal, Spiced Apples, Sausage L- Cheese Pizza Romaine Salad Applesauce	<b>28</b> B-French Toast, Eggs, Fruit L- Corn Dogs Black Bean Salsa Tortilla Chips Fruit Cocktail	<b>29</b> B- Muffins, Yogurt, Fruit L- Sweet & Sour Chicken Rice Peppers, Onions Oranges	