



Trinity
Lutheran
School
Cedar Rapids, IA

JANUARY 2024 MENU

Breakfast 7:45a-8:05a Mon-Fri (cereal and milk offered daily)
Lunch 11:00a-1:15p Mon-Fri (salad bar and milk offered daily)

All Menus Subject to Change
Student Breakfast \$2.85, Adults/guests \$4.00
Student Lunch \$3.85, Adults/guests \$5.00
Salad bar for staff and guests \$3.00
Chocolate or low fat plain MILK \$0.50

All menus can be modified to serve students
with special dietary needs

| Mon | Tue | Wed | Thu | Fri |
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| 1 NO SCHOOL HAPPY NEW YEAR | 2 TRY IT TUESDAY B-Tornado Sausage/Egg, Fruit L-Broccoli Cheese Soup Garlic Breadstick Romaine Salad Pineapple | 3 B-Muffin, Yogurt, Fruit L-Lasagna Rolls with Marinara Green Beans Applesauce Cookie Bears | 4 B-French Toast, Sausage, Fruit L-Chicken Patty on Bun Fries/Pickles Oranges | 5 B- Egg. Bagel, Fruit L-Ham/Cheese Croissant Lemon Doodles Carrots Frozen Fruit Slushie |
| 8 TEAM OUT B-Egg Burrito, Fruit L-Hot Dog on Bun Popcorn Romaine Salad Frozen Fruit Cup | 9 COZY DAY B-Sausage, Muffin, Tots L-Assorted Yogurts French Toast Sticks Carrots Dragon Juice | 10 NEON DAY B-Egg Bites, Fruit L- Holy TLS Happy Meal Cheese Burger, Fries, Apples, Treat | 11 HERO DAY B-Cinnamon. Roll, Yogurt, Fruit L-Hero Sandwich (Turkey, Ham, American Cheese) Onions, Lettuce, Tomatoes Italian Pasta Salad Oranges | 12 TLS SPIRIT DAY B-TLS Donuts, Fruit, Juice 11am DISMISSAL NO LUNCH SERVED |
| 15 NO SCHOOL MLK DAY | 16 B-French Toast, Eggs, Fruit L- BBQ Pork on Bun Coleslaw/Cucumbers Apple | 17 B- Muffin, Yogurt, Fruit NOON Dismissal <u>Early Childhood Lunch</u> Uncrustable, Carrots, Craisin, Treat | 18 B-Egg/Bagel, Tots L-Taco Pizza (Beans, Cheese, Meat) Romaine Salad Frozen Fruit Cup | 19 B-Cinnamon Rolls, Yogurt, Fruit L-Turkey/Cheese Wrap WG Chips Carrots/Celery Oranges |
| 22 B-Waffles, Yogurt, Fruit L-Grilled Chicken Sandwich (Tomato, Bacon, Avocado) Peach Applesauce | 23 B-Stuffed Hashbrown, Fruit L-Walking Taco Meat/Cheese/Doritos Refried Beans/Salsa Oranges | 24 B-Oatmeal/Apples, Yogurt L-Bosco Sticks Marinara Sauce Broccoli Pears | 25 B-Pancake on Stick, Fruit L-Maid-Rite on Bun Cottage Cheese Fries/Pickles Apples | 26 B- Muffins, Eggs, Fruit L-Assorted Yogurts Bunny Grahams Carrots/Celery Berries |
| 29 B-French Toast, Yogurt, Fruit L-Meatball Sub W/Marinara Broccoli Fruit Cocktail | 30 B-Biscuits and Gravy, Fruit L-Cheese Pizza Bagel Carrots/Peppers Apples | 31 B-Smoothie, Fruit, Granola L-Chicken Teriyaki Rice Peas Mandarin Oranges | | |